

Thanks for downloading these backgrounds to use for your video calls!

The following backgrounds are included in this file:

- **Aurora Borealis**
- **Dining Room**
- **Garden by the Lake**
- **Underwater**

The backgrounds are 1920 pixels x 1080 pixels, making them suitable for Zoom and Google Meet as of April 2021.

To change your background, follow the instructions below:

- + Zoom: <https://support.zoom.us/hc/en-us/articles/210707503-Virtual-Background>
- + Google Meet: <https://support.google.com/meet/answer/10058482>

If Zoom or Google Meet reverse the background once you've changed it, use the **[file-name]\_flipped.jpg** version of the background.

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